

## **OPS Rec Football League – Spring 2024 Session**

The Spring session of our OPS Rec Football League is coming in April! The two-hand touch league is open to all kids ages 7-14. Partnering with The Plex, our youth leagues prioritize skill development, the principles of the game of football and fairness in terms of team balance and playing time.

### **The Basics**

**Age groups:** 7-8, 9-10, 11-12, 13-14 (age on April 1, 2024)

**Cost:** \$150

**Location:** Outdoors at Plex North, 1807 E California Rd., Fort Wayne

### **Key Dates**

**Eval Day:** Saturday, April 13

**Preseason Practices:** April 20 and 27

**Week 1:** Saturday, May 4

**Championship Week:** Saturday, June 29

**REGISTER AT [OPSFOOTBALL.COM](https://opsfootball.com) or ON THE OPS APP**

### **Details:**

- Each age group will go through an evaluation session prior to teams being chosen. Volunteer coaches will assess players using pre-set evaluation criteria and squads will then be selected via a draft format.
- Teams will be balanced to the best of our ability.
- Rules and regulations will be streamlined across all leagues. Coaches will be vetted by OPS and held responsible for their actions and behavior.
- Each age group will have a list of set skills that will be taught at each level. These will be priorities for each coach and team in that age level.
- Number of plays will be set for each age level – both offensive and defensive. The principles of the plays will be taught to the players, then built upon at successive age groups.
- Team names & jerseys will be unique & included w/ session fee
- Scores and standings will be kept for all age groups.

**PRACTICES AND GAMES BOTH HELD ON SATURDAYS; WEEKLY SCHEDULE TBD**