

OPS Rec Football League – Winter I session

The Winter I session of our OPS Rec Football League is coming in November! The two-hand touch league is open to all kids ages 7-14. Partnering with The Plex, our youth leagues prioritize skill development, the principles of the game of football and fairness in terms of team balance and playing time.

The Basics

Age groups: 7-8, 9-10, 11-12, 13-14 (age on November 1, 2023)

Cost: \$150

Location: Saturdays at Plex North

REGISTER AT [OPSFOOTBALL.COM](https://opsfootball.com) OR ON THE OPS APP

Details:

- Each age group will go through an **evaluation session on Saturday, November 4** prior to teams being chosen. Volunteer coaches will assess players using customized evaluation criteria and squads will then be selected via a draft format.
- Teams will be balanced to the best of our ability.
- Rules and regulations will be streamlined across all leagues. Coaches will be vetted by OPS and held responsible for their actions and behavior.
- Each age group will have a list of set skills that will be taught at each level. These will be priorities for each coach and team in that age level.
- Number of plays will be set for each age level – both offensive and defensive. The principles of the plays will be taught to the players, then built upon at successive age groups. During games, only plays from the playbook presented to the league by the coach will be allowed.
- Team names & jerseys will be unique & are included w/ session fee
- Scores and standings will be kept for all age groups. A “Playoff Saturday” will conclude the season.

Winter I Key Dates

Evaluation Day: Saturday, November 4 (Plex North)

Week 1: Saturday, November 11

Playoff Saturday: Saturday, January 27

EVALUATION DAY SCHEDULE (Saturday, Nov. 4 at Plex North)

Ages 7-8: **1 to 2 p.m.**
Ages 9-10: **2 to 3 p.m.**
Ages 11-12: **3 to 4 p.m.**
Ages 13-14: **4 to 5 p.m.**

SATURDAY PRACTICE AND GAME WINDOWS (Beginning Nov. 11 at Plex North)

Ages 7-8: **1 to 3:30 p.m.**
Ages 9-10: **2:15 to 4:45 p.m.**
Ages 11-12: **4:45 to 7:15 p.m.**
Ages 13-14: **6 to 8:30 p.m.**

Questions? Contact us at 260-479-3497 or email Justin Kenny at skenny@lhn.net

